

WEEKLY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM - 8:30AM	CHOICE YOGA	CHOICE YOGA	CLOSED	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA
9:00AM – 9:30AM	CHOICE YOGA	CHOICE YOGA	CLOSED	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA
10:00AM – 10:30AM	CHOICE ACTIVATION	CHOICE ACTIVATION	CLOSED	CHOICE ACTIVATION	CHOICE ACTIVATION	CHOICE ACTIVATION	CHOICE ACTIVATION
11:00AM – 11:45AM	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CLOSED	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH
1:00PM – 1:45PM	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CLOSED	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH
2:00PM – 2:45PM	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CLOSED	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH
3:00PM – 3:15PM	CHOICE MEDITATION	CHOICE MEDITATION	CLOSED	CHOICE MEDITATION	CHOICE MEDITATION	CHOICE MEDITATION	CHOICE MEDITATION
3:30PM – 3:45PM	CHOICE MEDITATION	CHOICE MEDITATION	CLOSED	CHOICE MEDITATION	CHOICE MEDITATION	CHOICE MEDITATION	CHOICE MEDITATION
4:00PM – 4:30PM	CHOICE ACTIVATION	CHOICE ACTIVATION	CLOSED	CHOICE ACTIVATION	CHOICE ACTIVATION	CHOICE ACTIVATION	CHOICE ACTIVATION
5:00PM – 5:30PM	CHOICE YOGA	CHOICE YOGA	CLOSED	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA
6:00PM – 6:30PM	CHOICE YOGA	CHOICE YOGA	CLOSED	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA	CHOICE YOGA
7:00PM – 7:45PM	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CLOSED	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH	CHOICE SOUNDBATH